



Member Appreciation Week

MONDAY, DECEMBER 8

- through -

SUNDAY, DECEMBER 14



Enjoy a week full of exciting experiences, classes, demos, giveaways, and much more created just for YOU!

Plus, bring a friend for **FREE** all week long*.



All Week



Winter Swim Demos

Looking for swimming lessons for you or your child? Give our aquatics team a try.

Christmas Around The World

Join us in celebrating the holidays around the world. Our offices will be decorated as different, unique locations.



Trees for Charity

It's that time of year to be thankful and give. Join us by donating a gift to your favorite local charity.



Holiday Refreshments and Member Raffle

Check out our refreshment table down the hallway, grab a candy cane from the front desk, and enter our Member Appreciation Raffle.

Holiday Information Table

Visit our sales staff at our festive information table and get a chance to spin the "Buddy Referral" wheel to win some center swag.

Pictures with the Staff

Stop and take a picture with your favorite Personal Trainer, Swim Instructor, or Pilates Instructor in our Winter Wonderland.

Monday, December 8

Ugly Sweater Day

All day | Center-wide

Jingle All The Way, The 12 Days of Christmas Surf & Turf

7:30 to 8:30 a.m. | Studio 1

Holiday Card Day Celebration

10 a.m. to 2 p.m. | Childcare



Jingle & Jam Christmas ZUMBA® Party

12 to 1 p.m. | Studio 1



Winter Swim Club Ages 6 to 18 years

6 to 7 p.m. | Lap Pool

Tuesday, December 9

Jingle All The Way, The 12 Days of Christmas Surf & Turf

8 to 9 a.m. | Studio 1

Meditation For Daily Living

11 a.m. to 12 p.m. | Studio 2

The Nutcracker Ballet Barre

11 a.m. to 12 p.m. | Studio 1

Jolly Jammies Storytime

4 to 6 p.m. | Childcare



Merry Masters Swim

6 to 7 p.m. | Lap Pool

The Island of Misfit Members Aqua Aerobics & Bootcamp

6:30 to 7:30 p.m. | Therapy Pool

Wednesday, December 10

Holiday Pajama Day

All day | Center-wide

Jingle All The Way, The 12 Days of Christmas Surf & Turf

8 to 9 a.m. | Studio 1

ZUMBA® Winter Wonderland

10 to 11 a.m. | Studio 1

Tree Decoration Time

10 a.m. to 2 p.m. | Childcare



Santa Babies (Parent & Me)

5 to 5:30 p.m. | Therapy Pool

Christmas Country Cycle

6 to 7 p.m. | Cycle Studio



Winter Swim Club Ages 6 to 18 years

6 to 7 p.m. | Lap Pool

Thursday, December 11



Lifted from Within: Facial Yoga & Fascia Renewal

12 to 1 p.m. | Studio 1

Snowflake Making

4 to 6 p.m. | Childcare

Thursday, December 11

Continued

Spinning Around the Christmas Tree

5:45 to 6:45 p.m. | Cycle Studio

The Island of Misfit Members Aqua Aerobics & Bootcamp

6 to 7 p.m. | Therapy Pool



Merry Masters Swim

6 to 7 p.m. | Lap Pool

Friday, December 12

Holiday Movies in Childcare

All day | Childcare

Who let the Gremlins Out? Aqua ZUMBA®

9:30 to 10:30 a.m. | Lap Pool



Drop 'N Shop

10 a.m. to 2 p.m. | Childcare

The Nutcracker Ballet Barre

10:30 to 11:30 a.m. | Studio 1

The Island of Misfit Members Aqua Aerobics & Bootcamp

5 to 6 p.m. | Therapy Pool

Saturday, December 13



Pictures with Santa

9:30 a.m. to 12:30 p.m. | Lobby



Holiday Craft Fair

10:30 a.m. to 2:30 p.m. | Studio 1

Charles Dickens A Fit-mas Carol Read by Tiny Tim

11:30 a.m. to 12:30 p.m. | Studio 2



Highlighted Event



Registration Required. Please see the front desk to register.

*Guests must be 18 years or older. Must show ID. Must fill out a waiver and have blood pressure taken. Some restrictions apply.

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