

Lourdes
Health & Fitness



Parking Lot Paving Project - August to October 2026 Oakdale Commons Update:

Our main parking lot in front of the building will be closed Tuesday, September 1, 2026 through Monday, October 12, 2026.

Guthrie Rehab and the Health & Fitness Center are accessible through the rear entrance during operating hours.

Area in **Yellow** will be available for people with limited mobility through August 31, 2026. Follow the marked routes in **Blue**.

Beginning Monday, August 31, at 8:30 a.m., **shuttle service** will be available for members with mobility needs who park in the rear parking lot of the Guthrie Wellness & Healthplex.

Shuttle Hours: Monday–Thursday: 8:30 a.m. – 4:30 p.m. | Friday: 8:30 a.m. – 3:30 p.m.

